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The author of a July 30, 1982 New York Times op-ed calling for severely restricting medical care to significant portions of the American population, Harry Schwartz has been one of the key writers on medical costs and practices since the early 1970s, although he has no medical training or background to speak of. He told EIR that the death of his son through a brain tumor was what convinced him that too much money is spent on medical care.

Schwartz was trained as an economist at Columbia University and served in the Office of Strategic Services during World War II, becoming a specialist in the field of Sovietology.

He joined the New York Times editorial board in 1951, remaining a member until he took his present position as writer-in-residence at Columbia University's College of Physicians and Surgeons in 1979. He says that the most important editorials he wrote while on the Times's board were those denouncing the Ford administration's swine-flu inoculation program.

With the publication of his 1972 book The Case for American Medicine: A Realistic Look at Our Health Care System, Schwartz began to promulgate methods of rationalizing medicine and reducing its cost, persistently making the point that "the ultimate economy in medical care is death." Schwartz's prescriptions have become increasingly blatant, with the collapse of the U.S. economy and greater public acceptance of medical cost-cutting. In a commentary published in the Feb. 8, 1982 issue of Newsweek, for instance, Schwartz held up the British national health care system as a model for the United States, applauding the fact that it recognizes that "free health care must be rationed" and has instituted a "planned inadequacy of resources. This, he explained, means that there is "rationing by age, exemplified by the fact that most people over 50 in Britain needing renal dialysis are denied it and instead condemned to death from uremia."

Schwartz gave the following interview to EIR after the publication of his New York Times op-ed:

EIR: Do you consider your proposals for withholding free medical care to premature infants and people over 85, and for severe restriction on access to medical care for other types of patients, to be acceptable to the majority of Americans?

Schwartz: My proposals are not politically acceptable at all! But then again, how acceptable was abortion-on-demand 50 years ago? The point is to get ideas discussed, even if they’re not going to be immediately accepted by the majority of the population. I’m not going to go around killing people personally; I’m just making certain suggestions that I think should be discussed. You’ve got to realize that we have rationing of medical resources now. Every time a clinic shortens its hours or a hospital cuts back its staff or the government makes cuts in the medical services budget, you’ve got rationing. People die. But the problem is that it’s done irrationally; there’s no logic to it. We have to introduce logic into our medical rationing. People don’t get what they want the way things are, but not by any logical principle.
EIR: Can you elaborate on the sort of logical principle you advocate for rationing medical care?

Schwartz: For instance, why spend so great a proportion of the national health budget on the elderly when they're going to die soon anyway? We should be spending the money instead on youngsters. Of course, there are very difficult decisions to make—who should live and who should die. All I want to do is stir up discussion. We've not wanted to discuss these issues, but the time has come when you have to. Think about the unthinkable... It seems to me that we have to look at utility as a guiding principle. Whose life has the most utility, both to society and to its possessor? These are the people who should have first claim on medical resources. But as things stand now, we're doing the opposite. We have an open checkbook for old people under Medicaid.

EIR: Do you put any other individuals into this same category as premature infants and old people?

Schwartz: You have these children with deformities who are being kept alive. Some of these should be allowed to die—as humanely as possible, of course. Same thing with Karen Quinlan cases. Should these people really be allowed to continue to metabolize, even though they are using scarce resources and will never recover? It's madness! Then you've got the Reagan administration telling hospitals they've got to keep these deformed infants alive! It's crazy!

EIR: How must Americans change their basic views on medical care?

Schwartz: The bottom line is this: You can't meet all the demands for medical care. People have got to understand this. The belief that any Tom, Dick, or Harry can get what he wants is a terrible problem. People have to be shown that this isn't true. Part of the problem is health insurance and Medicaid. People are going to the doctor or into the hospital all the time, and someone else is footing the bill. This gives people a totally false sense of the realities of medical economics. We should do away with medical insurance completely. People should have to pay for whatever care they get out of their own pocket.

We have to bring market economics to medical care. If you can't afford to pay for it, it's like anything else: you don't get it.

EIR: What do you think of the case of Drs. Robert J. Nejdl and Neil L. Barber, who are now under indictment for conspiring to commit murder after they denied life-support medication and food to Clarence L. Herbert?

Schwartz: That's a fascinating case. You see, the doctors had an economic incentive for killing the patient. The hospital he was in was the Kaiser Permanente HMO [Health Maintenance Organization]. You know that HMOs are prepaid. That means that members pay so much in advance every year, and in turn are supposed to get full medical coverage, as much as they need, without paying anything additional. But of course, that's not what happens. It couldn't be or they'd all go broke. So you have a situation where if a patient paid his HMO $500 for the year for medical care, but then got cancer and began costing the HMO hundreds of thousands of dollars, the HMOs directors would have every reason for cutting back on the amount of care given to this patient. That's probably what happened in the Los Angeles case. The patient would have gone on metabolizing for years, costing the HMO huge amounts of money, and never paying an additional dime. The doctors figured they had to kill him!

This is one of the issues that I think has to be discussed. We have to talk about what is untalkable. What does it mean, for instance, that with the growth of HMOs, there is a greater incentive to kill patients in them? After all, the ultimate economy in medical care is death. We have to look at this thing, develop general principles and guidelines. I can assure you that if Karen Ann Quinlan had been cared for in an HMO, she wouldn't be metabolizing now.

EIR: What has brought us to this situation?

Schwartz: What has brought us to this situation is that medicine is making so much progress. The outlook for the next 20 years is one of even greater medical breakthroughs. We'll probably cure cancer, mechanical hearts will become commonplace. We're entering the most rapid period of medical breakthroughs yet. But this just means that medical care will get much more costly, that it'll eat up greater and greater amounts of the GNP... You could take the position, as Ivan Illich does, that the only solution is to stop all medical progress—do away with medicine, let nature take its course. I don't agree with this approach. I think medical research is very useful, but that what we have to do is to decide who gets access, how often, and under what circumstances.

There's an article in the current issue of New Republic which says essentially the same thing. Medical care in America is too cheap for the individual person! We've got to do something about this immediately! People have to understand that there are limits to what they can get in the way of medical care...